

Baking

- 2 Tbl corn starch
- 1 tsp granulated sugar

Canned & Packaged

- 4 oz can chopped green chilies
- 2 cans condensed golden mushroom soup (no substitutes!)
- 1 jar of pasta sauce
- 5 cups of beef broth
- 6 1/2 cups of Chicken Broth
- 1 (14.5 oz) can crushed tomatoes
- 1 (10-oz) can Ro-Tel Diced Tomatoes and Green Chiles
- 1/2 cup sun dried tomatoes
- 2 1/2 Tbsp tomato paste
- 1 (14.5 oz) can petite diced tomatoes

Cheese

- 2 8oz packages of cream cheese
- 1 cup monterey jack cheese, shredded
- 4 Ounces Cheddar Cheese or Colby Jack Cheese
- 1 1/4 cups shredded mozzarella cheese (5 oz)
- 1/2 cup finely shredded parmesan cheese (2 oz)
- 1/2 cup parmesan cheese
- 8 oz ricotta cheese

Condiments & Oils

- 6-8 Tablespoons Ranch Dressing
- Olive Oil
- Worcestershire Sauce

Dairy & Eggs

- 2 cups Heavy Cream

Herbs & Spices

- 1 3/4 tsp dried basil
- 1/4 tsp ground cumin
- 1/2 tsp fennel seeds , crushed
- 1 1/2 teaspoon garlic powder
- 3/4 tsp dried oregano
- 1 1/2 Tbsp chopped fresh parsley , plus more for garnish
- 1 Tbl parsley, dried
- 1/2 tsp dried rosemary , crushed
- 1 teaspoon italian seasoning
- Seafood seasoning such as Old Bay or Meijer Gold Seafood seasoning

- 1 envelope (3 tablespoons) taco or fajita seasoning (I use this Homemade Taco Seasoning)

- 1 1/2 tsp thyme

Meat

- 6-8 Slices Bacon
- 2 lbs stew beef
- 3-4lb chuck roast
- 2 lbs ground beef
- 6 1/2 pounds chicken breast

Pasta & Grain

- egg noodles
- 8 lasagna noodles , broken into bite size pieces (6.5 oz)
- 8 oz (about 3 cups) penne pasta
- 2 cups cooked long-grain white rice

Produce

- 2 cups diced bell peppers (2-3 bell peppers)
- 4 whole carrots, cut into 3" sections
- 8 oz button mushrooms, cleaned and quartered (optional)
- Minced garlic
- Lime juice
- 4 large onions
- 2 green peppers, coarsely chopped
- 1 cup spinach, chopped

Seafood

- 1lb of Salmon (cut into individual portions)

Other

- 1 1/2 cups shredded italian