

# Sloppy Joes

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Servings: MAKES: 6 SERVINGS

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## Ingredients

- 1 pound lean ground beef or ground pork
- 1/2 cup chopped onion (1 medium)
- 1/2 cup chopped green sweet pepper (1 small)
- 1 8 ounce can tomato sauce
- 2 tablespoons water
- 1 - 1 1/2 teaspoons chili powder
- 1 teaspoon Worcestershire sauce
- 1/2 teaspoon garlic salt
- Dash of bottled hot pepper sauce
- 6 kaiser rolls or hamburger buns, split and toasted

## Steps

1. In a large skillet cook beef, onion, and sweet pepper until meat is brown and vegetables are tender, stirring to break up any meat. Drain off fat.
2. Stir tomato sauce, the water, chili powder, Worcestershire sauce, garlic salt, and hot pepper sauce into beef mixture in skillet. Bring to boiling; reduce heat. Simmer, uncovered, for 5 minutes, stirring occasionally. Serve on rolls.