

30-Minute Mozzarella Stuffed Meatballs with Homemade Marinara Sauce

- 1 pound ground beef
- 5 garlic cloves, minced, divided
- 1 egg
- 1/2 cup freshly grated Romano cheese
- 2 teaspoons Italian seasoning
- 2 teaspoons fresh parsley, chopped
- Salt and ground black pepper, to taste
- 1 cup whole wheat panko bread
- 1/2 cup lukewarm water
- 4 ounces mozzarella cheese, cut into bite sized cubes (you can use 4 (1 ounce) string cheese pieces, too)
- 6 tablespoons olive oil, divided
- 1 (28-ounce) can crushed tomatoes
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 1/2 teaspoon sugar
- 2 teaspoons Italian seasoning
- 1/2 teaspoon crushed red pepper flakes

Best Ever Instant Pot Beef Stew

- 1 1/2 Pounds Beef Stew Meat
- 1 Tablespoon Olive Oil
- 1 Teaspoon Salt
- 1 Teaspoon Pepper
- 1 Teaspoon Italian Seasoning
- 2 Tablespoons Worcestershire Sauce
- 3 Cloves Garlic, Minced
- 1 Large Onion, Chopped
- 1 16 Ounce Bag Baby Carrots, Cut Into Slices
- 1 Pound Potatoes, Cubed
- 2 1/2 Cups Beef Broth
- 1 10 Ounce Can Tomato Sauce
- 2 Tablespoons Cornstarch
- 2 Tablespoons Water

Chicken Lazone

- 1/2 tsp salt
- 1-1/2 tsp chili powder
- 1-1/2 tsp onion powder
- 2 tsp garlic powder
- 1/4 tsp cayenne pepper
- 2 lb chicken tenders
- 1/4 cup butter, divided
- 2 cups heavy cream

Egg Roll in a Bowl

- 1 tsp minced ginger
- 4 1/2 cup(s) packaged coleslaw mix (shredded cabbage and carrots)
- 1/2 cup(s) shredded carrot(s)
- 3 medium cooked scallion(s)
- 3 Tbsp low sodium soy sauce
- 1 1/2 tsp sesame oil
- 1 1/2 tsp sugar
- 1 pound(s) uncooked ground chicken breast (can sub ground pork, turkey, or turkey sausage)

French Onion Chicken Skillet

- 2 pounds Vidalia onions, sliced
- 2 pounds boneless, skinless chicken breasts or thighs
- 2 cups beef broth
- 1 cup swiss cheese, grated
- 1/3 cup extra-virgin olive oil, divided

2 tablespoons all-purpose flour
 2 teaspoons balsamic vinegar
 1/2 teaspoon dried thyme
 1/2 teaspoon dried sage
 kosher salt and freshly ground pepper, to taste

Green Chili Chicken Bake

3-4 Boneless skinless chicken breasts, trimmed

1 8 oz package cream cheese, softened – You can use light cream cheese here if you prefer, but fat free will not work well since it doesn't melt like normal cream cheese. Also, make sure the cheese is nice and soft before you begin to mix it so it combines well. If you don't have time to leave it out, then put it in a glass bowl, cover, and microwave for about 30 seconds, then stir and add 30 more seconds if necessary. Softening the cream cheese will ensure that it isn't lumpy and the flavor infuses every bit of the cheese for a delicious dinner.

1 4 oz can chopped green chilis- As I might have mentioned above I really love green chilis. I have tried a lot of brands, but I really prefer Old El Paso. I feel like their chilis are diced but instead of just being pieces in water, the liquid is thicker like pureed chilis which I find to be so much more flavorful than just chili pieces.

1 cup monterey jack cheese, shredded
 1/2 tsp garlic powder
 1/4 tsp ground cumin
 1/4 tsp salt
 1/4 tsp pepper

One Pan Chicken Parmesan Pasta Skillet (Only 6 Ingredients!)

2 tablespoons Italian dressing (not the creamy kind)
 3 boneless skinless chicken breasts, cut into cubes
 16 ounces small/medium sized rigatoni pasta
 1 24-ounce jar of your favorite Marinara pasta sauce (I love Delallo's)
 1/2 cup shredded mozzarella cheese
 1/2 cup grated parmesan cheese
 salt and pepper to taste
 Chopped fresh basil for garnish (optional)

Pioneer Woman's Recipe for Perfect Salmon

1lb of Salmon (cut into individual portions)
 Seafood seasoning such as Old Bay or Meijer Gold Seafood seasoning
 Lime juice

The Best Instant Pot Stuffed Peppers for Clean Eating!

4 bell peppers, seeded (my favorite is with yellow peppers, but green peppers are good too)
 1 small onion, chopped
 1 roma tomato, diced
 2 cloves of garlic, minced
 1 lb lean (95/5 or leaner) ground beef or ground turkey
 1 boil in bag pack of brown rice
 1 egg
 1 can tomato sauce (15 oz)
 1C grated Parmesan cheese
 2 tsp salt
 1 tsp pepper
 1 pinch cayenne pepper
 1 tsp adobo
 garlic powder
 dried parsley

{Easy Dinner Recipe} 4 Ingredient Bacon Ranch Chicken Bake

3-4 Chicken Breasts
 6-8 Tablespoons Ranch Dressing
 6-8 Slices Bacon
 4 Ounces Cheddar Cheese or Colby Jack Cheese