Easy & Spicy Lemon Garlic Baked Tilapia Recipe

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Servings: 2

Ingredients

- 4-6 Tilapia Fillets
- o 1 tbsp Lemon Juice
- o 3 tbsp Butter
- o 1 tsp Garlic Minced
- \circ 1/2 tsp Red Chilli Powder
- · Salt to taste
- o 1/2 tsp Black pepper Freshly Cracked
- 1 lemon Cut into thin slices
- o 2 tbsp Fresh Parsley Chopped

Steps

- 1. Wash the Tilapia fillets and pat them dry.
- 2. Arrange the fillets in a baking tray.
- 3. Mix lemon juice, butter, garlic, red chilli powder, salt and black pepper in a bowl.
- 4. Pour this mixture over the tilapia.
- 5. Arrange lemon slices in between the fillets.
- 6. Pre heat the oven to 180 degrees C (350 Degrees F).
- 7. Bake the fish for 15-20 minutes.
- 8. Garnish with fresh parsley.
- 9. Serve hot.

Notes

- You can increase the amount of lemon juice if you like it even more tangy.
- Do not overcook the fish otherwise it will become dry.
- Use the residual liquid to pour over the fish fillet once you have served it on the plate.
- · Serve this dish as an appetizer or with steamed rice and sautéed vegetables as main course.

