# **Easy Creamy Tuscan Shrimp**

### saltandlavender.com

### Servings: 4

## Ingredients

- o 1 pound shrimp (I used 31-40 count size) thawed & peeled
- 2 tablespoons butter
- o 1 teaspoon flour
- 4-5 cloves garlic minced
- o 1 cup heavy/whipping cream
- o 1/2 teaspoon lemon juice
- o 2 dashes Italian seasoning
- o 1/4 cup sun-dried tomatoes chopped or julienned
- o 1 cup (packed) fresh baby spinach
- o Handful fresh basil cut into thin strips
- o Salt & pepper to taste

### Steps

- 1. Melt the butter on medium-high heat in a large skillet. Add the flour and cook for about a minute, stirring until smooth.
- 2. Add the garlic and cook for about 30 seconds or until fragrant.
- 3. Stir in the cream, lemon juice, Italian seasoning, and sun-dried tomatoes. Simmer for 2 minutes. Reduce heat if it's bubbling too much.
- 4. Add the shrimp and cook for around 5 minutes or until they're cooked through and the sauce is slightly thickened, taking care not to overcook them.
- 5. Add the spinach and basil and cook for another 2 minutes. Season with salt & pepper as needed. Serve immediately. I like to squeeze extra lemon juice over top when serving (up to you). You could also grate some fresh parmesan over top if you wish.

