Breakfast Casserole in the Crock Pot

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Servings: READY IN: 6hrs 30mins SERVES: 8

Ingredients

- o 1 (26 ounce) bag frozen hash browns
- o 12 eggs
- o 1/2 cup milk
- o 1 tablespoon ground mustard
- 16 ounces sausage (maple, sage or regular sausage.)
- 1 teaspoon salt
- \circ 16 ounces shredded cheddar cheese
- o 2 garlic cloves (minced)
- 1 large onion (sliced)
- o 1/2 teaspoon pepper
- 1/4 teaspoon nutmeg

Steps

- 1. Spray crock pot and evenly spread hash browns at the bottom.
- 2. Crack 12 eggs in a large bowl.
- 3. Mix well (and slowly) using a whisk.
- 4. Add the milk.
- 5. Go ahead and sprinkle in the ground mustard. This might sound like a weird ingredient, but I've come to love (and use) this in most of my recipes.

