Chicken Tortilla Soup

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Servings: 4-6

Ingredients

- o 3 boneless skinless chicken breasts, frozen
- o 1 (40z) can chopped green chillies, drained
- o 2 cloves garlic, minced
- 1 (150z) can diced tomatoes
- o 1 c. chicken broth
- o 1 c. half and half OR heavy cream
- o 1 tsp. cumin
- o 1 tsp. salt
- · salt and pepper
- corn tortilla chip strips OR crushed up tortilla chips
- o 2 Tbsp cilantro, chopped
- 1 lime, cut into wedges

Steps

- Place chicken breasts in the crock pot. In a separate bowl combine diced tomatoes (including liquid), chillies, garlic, chicken broth, cumin, and salt. Mix together and pour over chicken.
- 2. Cook on low $5-5\ 1/2$ hours, or until chicken is cooked. Remove chicken from the crock pot and shred with two forks; place back in the crock pot.
- 3. Add half and half or heavy cream and stir. Allow to simmer for 15 minutes before serving. Taste it and add more salt and cumin if necessary, to taste.
- 4. Serve with tortilla chip strips or crushed tortilla chips, cheese, cilantro, and a squeeze of lime. Enjoy!

